

Curriculum Vitae

**Charlotte Elisabetta Maria
COSTANTINI**

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Aeronautical qualifications

Airline Pilot / Total flight time: 9000

EPTA (English Proficiency Test Alitalia) Examiner

Peer Instructor in Individual and Group Interventions (CISM

ICISF) instructor member code 1586

Current Type Ratings Airbus A320/A330

F/I (Flight Instructor)

ICAO English Proficiency Level: 6

English Language Proficiency Examiner

Cambridge Proficiency A

Flight Safety and Accident Investigation Officer

OTHER QUALIFICATIONS:

ICISF Peer Para Counselor, ICISF, February 2024.

Master's degree in clinical psychology (October 2023)

110/110 cum laude

Title of my thesis: "Aviation Psychology: history and future developments"

Bachelor's degree in psychology (December 2021)

title of my thesis "Startle Effect and the benefits of Mindfulness for Aviation Personnel"

Board director, Scientific committee member, active peer team member and trainer for ITAPA (Italian Association of Aviation Psychologists)

Advanced Instructor in Facilitating Simulation Scenarios and conducting complex Debriefings (qualified at CMS - Centre for Medical Simulation, Harvard, Boston).

Psychological Counselor (University of "Tor Vergata", Rome, 2015-2017)
specializing in Crisis Counseling and Trauma Intervention.

Sexological counselor (ASPIC, Università del counseling, December 2021)
title of my thesis "Attachments styles and sexuality, traumatic attachment".

Member of the Italian National Association of Counselors
ANCORE (515).

Mindfulness Facilitator.

ICISF (International Critical Incident Stress Foundation) certified
CISM (Critical Incident Stress Management) **Instructor** in both
Individual and Group Interventions.
ICISF Instructor number 1586.

ICISF certified peer for Suicide Intervention and Prevention.

TRM Trauma Resiliency Model Level 1 Practitioner,
Trauma Resource Institute. (October 2021)

Flight Safety Officer and Accident Investigator (qualified in
the 48th Course organized by the Italian Airforce).

CRM Facilitator and Human Performance Instructor
Work experience as facilitator for various companies, (Airtaly-
Meridiana, Mistral Air, AirVallee) both nationally and
internationally working both with pilots and cabin crew. As a
Human Performance Instructor I have tutored mostly young
student pilots working towards their ATPL (AirColumbia-Aviomar).

Dangerous Goods Instructor, IATA certified with
commendation.

Aeronautical Language Translator

I have translated mostly technical manuals: I collaborated with Alitalia CAI on the translation of their OPS-MAN A in 2010, and with Mistral Air on their Training Manuals.

I have also translated articles for the Italian Aeronautical Flight Safety Magazine and collaborated in the translation of accident reports for investigative agencies.

Voluntary work:

Currently collaborating as a volunteer in Itapa's (Italian Association of Aviation Psychology) project "HERE I AM" that psychologically supports aviation personnel currently out of work.

Other Current Collaborations:

External Academic Lecturer for LUISS Business School In Leadership and Flight Leadership.

AERONAUTICAL WORK EXPERIENCE

**Current Position: A330 first officer in ITA Airways.
English and Italian Language Proficiency Instructor/Examiner**

Last Position:

Alitalia

2013-2021

First Officer A320-EPTA EXAMINER

I collaborated in the Training Department on the ATQP project and as an English Examiner both for pilots and cabin crew.

I completed a project in creating and certifying with the Italian Authorities the company's English Proficiency Exam (EPTA) for flight crew.

Previous Position:

Air Italy-Meridiana
2010-2013

First Officer and Ground Instructor.

Aircraft flown: 737 (300-400-700-800).

Qualified also for Extended Range (ETOPS ops) Flights.

Ground Instructor, specializing in CRM, and DGR.

English Examiner, both for flight and cabin crew.
(ENAC certifying exams)

I also contributed in the IOSA Auditing Certification Process on behalf of the Company, and performed as copilot on technical certification flights (flight tests) for aircraft 737 returning to lessor

**Previous employers
and positions held**

Safety Manager for Rotkopf Aviation Services Italia
(Sep 2011-Aug 2012)

CAI-AIRONE: First Officer on B-737 classic
(From 29/07/2009 to 28/11/2009)

NEOS: First Officer on B-737 NG
(From 07/01/2009 to 24/07/2009)

AIRONE: Copilot then First Officer on B-737 classic
(From 13/12/2007 to 13/12/2008)

RYANAIR: Copilot on B-737 NG
(From 01/03/2007 to 04/07/2007)

ALITALIA: F/A for Alitalia
(Oct. 2003/Nov. 2004 & Sept. 2005/Nov 2006)

BLUE PANORAMA: Flight Dispatcher (737- 767 ETOPS)
and OCC (Operations Control Centre Operator)
(Jan. 2004-Jul. 2004)

English Examiner for the British Council Rome
(1998-2000)

Part-time secretary British Embassy Rome (1998-2000)

Education and training

International Certification in Flash Technique

Pesi Italia Srl, October 2024.

Emergency Intervention Course for Psychologists

in assisting victims of

Accidents and their Families, ITAPA,

Italian Aviation Psychologists Association,

March 2024.

Crisis Informed Peer Para Counselor, ICISF, International
Critical Incident Stress Foundation, February 2024

Master's degree in clinical psychology (October 2023)

110/110 cum laude

**Title of my thesis: "Aviation Psychology:
history and future developments"**

Trauma Treatment Certification Summit, Liquid Plan, 2023

Bachelor's degree in psychology (Unimarconi, Dec. 2021)

Sexological counselor diploma (Aspic, Dec. 2021)

I completed in October 2021 my training to Become a TRM Practitioner (Trauma and Resiliency Model Practitioner -Level 1), at the Trauma Resource Institute

I terminated in 2021 an online course in the "Science of Wellbeing", Yale University.

I Participated in an online course on Trauma Recovery Intervention Techniques by Janina Fischer, Sensorimotor Psychotherapy Institute, May 2021.

Advanced Instructor Course, March 2019, CMS-Centre for Medical Simulation, Boston, MA.

Psychological Counselor University Diploma 2015-2017, University of Rome, Tor Vergata.

Peer Support Course in Suicide Intervention, Jan 2016, ICISF.

Instructor Qualification for Group Crisis Intervention, Dublin, August 2015, ICISF.

Instructor Qualification for Assisting Individuals in Crisis, July 2015, ICISF.

Advanced Course in Strategic Response to Crisis, March 2015, ICISF.

Advanced Group Crisis Intervention, August 2014, ICISF.

Qualified in Family Assistance Centre Management
(Course organized by KENYON) Bologna, 2014.

Qualified Flight Safety Officer and Aircraft Accident
Investigator. (48th Course organized by the Italian Airforce).

Intensive Course on Crisis Intervention and Peer Support,
held by Louise Cullinan, ALPA National CIRP Chairman,
In collaboration with IBALPA MADRID (Nov. 2011)

Safety Workshop on e-more reporting and SDS, Enac,
(Nov. 2011)

"Quality Manager and Auditing Course", Azeta InfoTech,
(June 2011)

Aviation Safety Management System Course –IFSC,
(Feb. 2011)

Attendance EU-OPS requirements and specifications course,
(Nov. 2010)

IATA Dangerous Goods Instructor Course ,
(July 2010)

University Degree in Anthropology (106/110),
University of Rome, "La Sapienza", (Dec. 2006)

Proficiency in the English Language, (A), University of
Cambridge, (June 1998)

Scientific High School Diploma (60/60), Liceo Scientifico
Statale "Democrito"
(July 1997)

Personal Interests

My personal interests have always included Archeology and Anthropology.

I collaborated for some years with the museum "Pigorini" in Rome.

The two major projects in which I participated were relative to antique dentures, identifying gender, age and major pathologies; and trauma (skull trauma in particular).

I have also studied Forensics, during a master's Course, held in Budapest (Aug. 2006), sponsored by FASE,

The Association of European Forensic Anthropologists and Labanof, studying the effects of major incidents,

(including airline accidents) on human beings, and talking about personal identification and international protocols.

Other interests include reading, yoga and beach volley.