



## Curriculum Vitae Europass



### Personal information

Name / Surname	<b>Micaela Scialanga</b>
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Citizenship	Italian

Dates, job or position held, main activities and responsibilities

- October 2021 – present ITA Airways: Airbus 320 Captain
- 2021–present Aviation Psychologist for Psychological Assessment according to requirement reg.EU1042/2018 for following Airline company: Alba Servizi Fininvest, Avionord.
- May 2019 – present IT-APA (Italia-Associazione Psicologia Aviazione – Italian Aviation Psychology Association): Psychologist and current General Secretary
  - ✓ 2023 - present IT-APA (Italia-Associazione Psicologia Aviazione - Italian- Aviation Psychology Association):  
Design and implementation of Psychological Assistance for Aviation Accident Victims and Relatives” in fulfillment of ENAC regulation “Redazione e gestione del piano di assistenza alle vittime di incidente aereo e loro familiari” for Air Dolomiti airline. Role in the programme:  
-Programme Coordinator
  - ✓ 2019 - present IT-APA (Italia-Associazione Psicologia Aviazione - Italian- Aviation Psychology Association):  
Design and implementation of Support Programme in fulfillment of the ESA requirement (EU 1046/2018 – Support Programme) for different Italian Airline: Air Dolomiti, Aliscargo, Aeroitalia, Alba Servizi Fininvest, Avionord, Aliserio, Blue Panorama, Elilobarda, Heliwest, Sardinin Sky, Professional Aviation.  
Role in the programme:  
-Programme coordinator as Aviation Psychologist  
-Peer Coordinator  
-Peer and Psychological Training Manager  
-Peer Trainer on “Role and function in the program” for initial and recurrent training.
  - ✓ 2021 IT-APA (Italia-Associazione Psicologia Aviazione - Italian Aviation Psychology Association):  
Project leader of design and implementation of Psychological Free Support “Here I Am” Program, for Italian civil aviation professionals.  
Coordinator of volunteers and psychologists.
  - ✓ 2020 IT-APA (Italia-Associazione Psicologia Aviazione - Italian- Aviation Psychology Association):  
Research Project leader “ITAPA Support Survey 2020”; a questionnaire for civil aviation pilots working for italian airlines.

Further information

- 2022 EAAP - European Association for Aviation Psychology. Member n. EM262
- 2020 CNOP - Consiglio Nazionale Ordine Psicologi: National Psychologists Register n.26041/Lazio.
- March 2011 - October 2021 Alitalia: Airbus 320 Captain
- January 2001 - September 2010 Alitalia: Captain MD80
- April 1999 – December: 1999 Alitalia: First Officer in training at the MD80 "command course"

	<ul style="list-style-type: none"> <li>• July 1997 - March 1999                      Alitalia: First Officer on Boeing 747</li> <li>• March 1992 - May 1997                      Alitalia: Copilot - First officer on DC9 and MD80 for</li> </ul>
	<p>Total flight hours 11900, flight hours with the duties of Captain 8300.</p>
<p>Name and address of employer</p>	<p>ITA Airways, Via Venti Settembre 97 00187 Rome</p>
<p><b>Type of activity or sector</b></p>	<p>Commercial Air Transport Human Factor in Aviation Aviation Psychology</p>

## Education and training

- 2020 State exam of qualification to the psychological profession (Registration Register of Lazio with n.26041)
- 2007 –2016 University of Rome "La Sapienza" Master's Degree in Dynamic Psychology and Clinic of the Person, Organizations, Community with vote 110/110 laude. Thesis on << The accident of Germanwings passenger flight 9525: an unexpected security threat, new areas of intervention for Clinical Psychology>>. Topics carried out: analysis of aeronautical accidents, psychological assessments, proposals of clinical intervention in aviation.
- 2003 – 2007 University of Rome "La Sapienza" Degree in Psychological Sciences and Techniques grade 110/110 laude. Thesis on <<The Social Construction of Security>>.Topics covered: organizations and complex systems, HRT, Resilience Engineering, Flight Safety.
- 1989 - 1992 Alitalia Training Center in Rome and Alitalia Flight School in Alghero, course piloting
- 1987 Aeroclub Urbe – Rome: Private Pilot Flying Licence
- 1982 – 1987 Aeronautical Technical Institute "De Pinedo": High school diploma in Aviation Technology

## Other activities, courses and topics addressed

- 2024 IT-APA (Italia- Associazione Psicologia della Aviazione - Italian- Aviation Psychology Association)  
Course "Psychological Assistance for accident victims and relatives"
- 2023 HFI (Human Factor Italia):  
CRM Trainer Course
- 2022 Liquid Plan:  
Course "Collective trauma and resilience"
- 2022 IFSC (Italian Flight Safety Committee).  
"Decision Making in aviation risk management"
- 2022 Liquid Plan:  
Course "Self compassion. The prover power of being kind to yourself"
- 2021 Air Dolomiti:  
MoC - Management of Change and Risk Assessment course.
- 2021 IT-APA (Italia- Associazione Psicologia della Aviazione - Italian- Aviation Psychology Association)  
Emergency Psychology Course  
Course "Life stress Events and support for Wellness"  
Course "Use and Abuse of substances and other addictions"
- 2021 IFSC (Italian Flight Safety Committee) e IT-APA (Italia- Associazione Psicologia Della Aviazione – Italian Aviation Psychology Association):  
"Aviation Psychology" Course
- 2020 Air Dolomiti:  
Safety Action Group (SAG) Initial Training
- 2020 EAAP (European Association for Aviation Psychology):  
Course "Human Factors in Flight Safety"

Course "Cognitive Assessment of Aircrew"  
 Course "Wellbeing I & II – Mental Health in Aircrew"  
 Course "An Introduction to EAAP AP/HF Competences"  
 Course "Peer Support Programmes: Aeromedical Considerations and Opportunities"  
 Course "The Fundamentals of Setting Up and Developing Peer Support"

- 2020 ICISF (International Critical Incident Stress Foundation):  
Peer certification "Group Crisis Intervention" according to the CISM-Critical Incident Stress Management protocol
- 2019 IFSC (Italian Flight Safety Committee):  
Workshop "Safety of Aerodrome Operations"  
Workshop "From the Culture of Guilt to the Just Culture"  
Workshop "The Aviation Emergency Response Plan in Italy"
- 2019 ICISF (International Critical Incident Stress Foundation):  
Peer Certification "Assisting Individual in crisis" according to the CISM-Critical protocol Incident Stress Management.
- 2018 STASA Study Center (Air Transport Advanced Systems-Safety and Environment) at ENAC (National Civil Aviation Authority):  
"Advanced Training Course on Human Factors and Safety in Complex Organizations".
- 2013 SDA Bocconi School of Management:  
"Strategies and business models in Aviation"
- 2012 Alitalia:  
corso "Customer Relationship Management"
- 2009 ENAC (National Civil Aviation Authority) Technical Regulation Division:  
Pre-graduate internship and Research project on national civil aircraft operators Safety Culture

## Publications

- 2024 Scialanga M., Zuin M., Tinè M. (2024) "Flight Operation and Emotions Management: the impact of Emotional Intelligence on pilots". Poster presented at 35<sup>th</sup> EAAP (European Association for Aviation Psychology) Conference, Athens.
- 2021 Scialanga M. (2021) "Psychophysical well-being of aviation professionals Threatened from the pandemic: But are they ready to be supported?" in ANACNA "The Management of Emergencies at the Time of Covis-19", Collana I Quaderni di Anacna, 2021 vol.3.
- 2020 Scialanga M., Cordella B., Gennaro A., Rea A., Grillo V., Rubano C. (2020). "Giving Voice to Crew Members to Enable an Effective Support Programme: Preliminary Results of IT-APA Support Survey 2020 ". In Eaglestone, J. & Causse, M. (Eds.), 2020 *Proceedings EAAP*. European Association for Aviation Psychology, Maarsen, The Netherlands, 42-54.
- 2017 Chialastri A. Bartoccini F., Scialanga M., Cagnoli A. (2017), "*After Germanwings – The life of the airline pilot*", IBN, Rome.

## Articles

- November 2020 "New born IT-APA is quickly growing up" in *Aviation Psychology and Applied Human Factors* (2020), 10(2), p.114-117 Hogrefe Publishing;
- March 2019 "After Germanwings: The development of EASA recommendations for the safety of pilots' health: the new regulations - mental health" [www.centrostudistasas.eu](http://www.centrostudistasas.eu);
- April 2019 "New rules on the health of pilots are coming" in *La Voce del trasporti*" n.4 April 2019, p. 25-28;
- May 2019 "The protection of the health of pilots: the psychological assessment" in *La Voce dei trasporti* n.5 May 2019, p. 26-30;
- June 2019 "The protection of the health of pilots: Tests on the use of psychotropic substances and alcohol" in *La Voce dei trasporti* - n.6 June 2019, p. 29-33;
- July-August 2019 "The protection of the health of pilots: psychological support programs" in *La Voce dei trasporti* n.7 July 2019, p. 30-33;

## Conferences

- 11-13 October 2023 AIMAS - Associazione Italiana di Medicina Aeronautica (Aeronautical Medicine National Association) **Session IV Human Factor and Safety in Aviation:** "Il benessere psicologico del personale di volo: quando riferire per un approfondimento psicodiagnostico? -Psychological well being: when to report for an in-depth psychodiagnostics?"
- 3-7 July 2023 Poster presenter at 11<sup>th</sup> International Summer School – Graz "Italian Business Aviation Pilots Opinion on Wellness and Psychological Support: A Support Programme Pre-Introductory Study"
- 6 May 2023 IT-APA (Italia-Associazione Psicologia Aviazione) Convention 2023 "Aviation Psychology: Area of intervention and prospects" speech: "IT-APA Support Survey 2020: Search results on flight crew members opinions about psychological support and wellbeing".
- 19 November 2019 Speaker at the UIL Transport Seminar on "Objectives and purposes of the Peer Support Programme – EASA Regulation 1042/2018 – Legislation on support programs for Pilots, Flight Attendants and Air Traffic Controllers"; speech on the theme "On The Aviation Psychology: role in Peer Support Programmes".
- 27 April 2019 "The screening of pilots: New perspective of psychological evaluation" AEPA- XII Conference on Aviation Psychology Madrid.

## Teaching

- 28 June 2023 FCP - Formazione Continua in Psicologia- LiquidPlan Webinar "Psicologia aviazione: I programmi di supporto in aviazione" "Aviation Psychology: the Support Programme in aviation".
- 20 Maggio 2023 High School of Technology, Transport and Logistic "F. De Pinedo" Rome: Seminar "Aviation Psychology, addictions and stress management"
- 29 October 2022: ITAPA Webinar "Toxicological assessment, psychoactive substance use and aviation personnel addiction risk"
- Jun-Jul 2022: ITAPA: Course "Role and Function in the support programme" for peer and aviation. psychologist
- Apr-May 2022 High School of Technology, Transport and Logistic "F. De Pinedo" Rome: Course in "Human Factor and CRM requirement in aviation"
- 14 May 2021 University of Teramo – Interdisciplinary Seminars for the acquisition of Soft Skills "Safety Models and Human Error"
- 15 March 2021 IFSC (Italian Flight Safety Committee) e IT-APA (Italia-Associazione Psicologia Della Aviazione – Italian Aviation Psychology Association)

Aviation Psychology

Course: "Germanwings Case Study Flight 9525"

- 11 March 2021 IFSC (Italian Flight Safety Committee) e IT-APA (Italia-Associazione Psicologia Della Aviazione – Italian Aviation Psychology Association)

Aviation Psychology

psychologist areas of

intervention"

- 3 March 2020 School of Specialization in Dynamic and Clinical Psychology of Sapienza University - Rome, Laboratory of Dynamic and Clinical Psychology: "Aviation Psychology: New Application Areas for the Psychologist".

## Personal skills and competences

Mother tongue

### Native Italian speaker

#### Comprehension

##### Listening

C2	Advanced
B2	Intermediate

##### Reading

C2	Advanced
B2	Intermediate

#### Spoken

##### Oral interaction

C2	Advanced
B2	Intermediate

##### Oral production

C2	Advanced
B2	Intermediate

#### Written

C2	Advanced
B2	Intermediate

English Spanish

TEA (Test of English for Aviation)

Level 6

## Social skills and competences

- Leadership
- Ability to work in a team
- Ability to adapt to multi-cultural environments
- Communication skills
- Negotiation skills
- Flexibility and Change Management Skills

## Organizational skills and competences

- Management skills
- Ability to read and understand organizational systems, and ability to operate according to them
- Adaptability and tolerance of stressful events
- Ability to analyze processes and systems
- Attitude to Problem Solving e Decision Making
- Systemic vision of organizations
- Management and coordination of working groups
- Ability to develop networks between different organizational realities

## Technical skills and competences

- Design, implementation and supervision of projects related to the world of aviation
- Economic management of projects, raising funds
- In-depth knowledge of all topics related to flight operations, from technical-professional skills, to training and performance control, to the elaboration of a theoretical synthesis on the fundamentals of the profession.

## Computer skills and competences

- Good knowledge of Office programs
- Photo texts compositions non-professional editorial products
- E-mail and Internet browsing programs



## Other skills and competences

- Photography - Decades of experience on SLR, digital, photo processing programs
- Skydiving - ANPDI (Associazione Nazionale Paracadutisti d'Italia – Italian National Parachute Association)- Qualification to parachute jump
- Nautical license for pleasure boats
- PADI Diving License: Rescue Diver level.

CV Updated on 26 March 2024

I authorize the processing of my personal data pursuant to Legislative Decree 30 June 2003, n. 196 "Code regarding the protection of personal data".

**Signature** | *Micaela Scialanga*